# TONGDAM LUNCH MENU



We believe our Lunch Menu offers an interesting & varied selection of cuisine and focuses very much on our East West fusion. From Spare Ribs to Lasagne al Forno. Samrab Thai Set Lunch to Chicken Stroganoff with buttered rice and from Spaghetti Bolognese to Red Snapper in a Calvados & Tarragon cream sauce, choices to please most palates. Why not try our latest arrival, Seafood Pie with a mashed potato & cheese top. All this and our Full A La Carte Thai Menu !

## Maín Course

<ol> <li>Seafood Pie with assorted fish &amp; prawns, a mashed potato &amp; cheese top, in a parsley and shallot cream sauce. Served with steamed mixed vegetables.</li> </ol>	£8.90
2] Dolmades minced lamb, brown rice and fresh mint from our vegetable garden, lime juice and extra virgin olive oil, wrapped in our own young vine leaves & served with deep-fried sliced potatoes and a mixed leaf tomato & olive salad, tossed	
in a honey glaze vinaigrette dressing.	£7.90
<b>3] Spaghetti Bolognaise</b> with lean minced beef, plum tomatoes, onion, garlic and mixed Italian herbs and dusted with Parmigiano cheese to taste.	£7.90
<b>4] Satay Warm Chicken Salad</b> , tender pieces of marinated grilled chicken, tossed in a mixed green leaf salad, with sliced black olives & cherry tomatoes, in a honey glaze vinaigrette and extra virgin olive oil dressing.	£7.90
5] Spaghetti Seafood > Pan-fried prawns, mussels and squid in garlic, chilli and sweet basil, then tossed in spaghetti.	£8.50
6] Fish & Chips Tilapia fish, deep-fried in a light beer batter, served with sliced deep-fried potatoes and a green leaf, tomato & black olive salad, lightly tossed in a honey glazed dressing. Served with a choice of dip : mayonnaise, tomato or tartar sauce.	£9.50
<ul> <li>7] Lasagne al Forno &gt; is a unique lasagne with lean tender turkey mince, garlic, chilli, tomatoes, onion, basil leaves and a unique béchamel cheese sauce, served</li> </ul>	27.00

with deep-fried sliced potatoes and a mixed leaf, tomato & olive salad, tossed

£9.50

in a honey glaze vinaigrette dressing.

## TONGDAM LUNCH MENU



210.50
E11.50
E 9.50
ables]
sil leaves. 🛩
e pr
ry. N 🛩
les.

#### Síde Order

12] Deep Fried Potatoes Served with a Main Course, our ever popular Tongdam 'chip' £ 3.90

### Allergens Menu Guíde

We have produced a Reference Folder which details the 14 main Allergens, where they appear, in each and every dish we produce. This Reference Folder is always available on request and please always discuss your allergenic intolerance with our Restaurant Manager, in order to ensure we cater for your needs and that the information is relayed correctly to our Kitchen Team.

You will see symbols beside some of our Thai dishes. They are an indication of spice and nut content, with the spice ranging from mild to hot, to assist you when making your selection.